

Psychology Study and Research Center from Timisoara din Timisoara (CSCPT)

Director: prof.dr. Florin Alin Sava

CSCPT is focused on contributing to: (a) the development of relations and cooperation with similar institutions and laboratories (national and international) by involvement in exchange programs, joint research and professional development programs, (b) attracting, developing and promoting young researchers by sustaining their research programs; (c) supporting members' research through the CSCPT infrastructure.

4 research groups

up to 20 researchers

5 PhD students

Implicit Social Cognition and Personality Assessment (SOCPERS)

Group Leader: Prof. Florin Alin Sava, PhD

Research Topics:

- implicit social cognition
- personality
- cognitive biases
- experimental psychopathology

The Organizational and Occupational Health Research Group (OOHP)

Group Leader: Conf. Coralia Sulea, Ph.D

Research Topics:

- Employee well-being
- Interpersonal mistreatment at work
- Counterproductive work behaviors
- Job insecurity

The Environmental Psychology Research Group (ENVIRON)

Group Leaders: Conf. Corina Ilin, Ph.D, Adina Dumitru, Ph.D

Research Topics:

- energy consumption
- pro-environmental behavior
- pro-environmental attitudes

The Independent Researchers Group (INDEPEND)

Group Leader: --

Research Topics:

- values
- internet-delivered treatments
- health behavior
- driving behavior
- empowerment

Recent Results:

- International well-connected teams
- Indirect ways to assess personality (e.g. SMP)
- Implicit tools to stimulate the desired behavior (e.g. Evaluative conditioning)
- Evidence-based psychotherapeutic interventions delivered online
- Identified strategies to improve employees' health
- Pro-environmental attitudes and behaviors improved

Contact: Prof. Florin Alin Sava (florin.sava@e-uvt.ro)

Department of Psychology, West University of Timisoara, <http://www.uvt.ro>, <http://psihologietm.ro>
blvd. Vasile Pârvan, no. 4, 300223 Timisoara, Romania



SOCBERS Infrastructure (room 303)

<http://socpers.psihologietm.ro>

Biopac

Experimental design software:

- Inquisit Web, Media Lab, DirectRT

Statistical software:

- Stata, Copenheseive Meta-Analysis, HLM, EQS, jMetric, Xcalibre

Psychological tests

- over 50 psychological tests

Scientific event

- The XVIII-th European Conference on personality: <http://ecp18.psihologietm.ro/>
- International Workshop „Changing attitudes through evaluative conditioning: challenges and promises”, WE – PN-II-ID-WE-2012-4-077, Chairs: Florin A. Sava, Marco Perugini

Scientific journal

RJAP - *Romanian Journal of Applied Psychology*
(<http://rjap.psihologietm.ro>)

- publishes refereed original papers that address the present as well as the future of parallel and distributed computing
- electronic journal with free access
- four issues/year

Research Projects

- IDEI – PN-II-ID_PCE-2008, Implicit measures of personality, PI – Florin Alin Sava, Ian 2009 – Dec 2011 (total amount 113636 EUR)
- IDEI - PN-II-ID-PCE-2012-4-0621, Casual mechanism for attitude formation and attitudes change based on evaluative conditioning, PI – Keith Payne, Oct 2013 – Sept 2016 (total amount: 251937 EUR)
- TE – PN-II-RU-TE-2011-3-0230, Changing implicit cognitions: an evidence based approach, PI – Florin A. Sava, Jan 2012 – Sept 2014 (total amount: 156250 EUR)
- PD – PN-II-RU-PD-2012-3-0161, Investigation of strategies for enhancing predictive validity in personality assessment, PI – Laurentiu Maricutoiu, May 2013 – Sept 2015 (total amount: 66921 EUR)
- PN-II-RU-TE-2014-4-0398, Applications of the theories of self-control in reducing occupational burnout, October 2015 - September 2017, PI – Laurențiu Maricuțoiu (total amount: 123889 EUR)

LAB's mission

Researchers in the field of personality and social psychology talked about two simultaneous, but different ways of processing information: a deliberative way (which is based on logic and rationality), and an automatic - associative way (which is based on temporal contiguity / repetition / intensity / similarity between stimuli).

Most of the research conducted in our lab is directed toward studying the implicitness (the unintended, the unconscious part of ourselves). Other directions such as assessing the explicit part of our personality is also encouraged.

Strategic partners

- Social Cognition Lab – B. Keith Payne – University of North Carolina at Chapel Hill, USA
- Psychometrics of Social Cognition and Personality – Marco Perugini – University of Milan Bicocca, Italia





Grupul de cercetare în psihologie organizațională și sănătate ocupațională (OOHP)

[https://
occupationalhealthpsychology.
wordpress.com/](https://occupationalhealthpsychology.wordpress.com/)

Resources:
40 PDAs
Statistical software: HLM
15 desktop computers

Scientific event

International OHP workshop: Psychosocial health in organizations: research and interventions (15-17th of December 2011) (UEFISCDI, Program IDEI, WE_PN-II-ID-WE-2011-054, 31/15.12.2011. (coordinator: Coralia Sulea)

Strategic partners

- University of Leuven, Belgium – prof. dr. Hans de Witte
- University of Bucharest, Romania – prof. dr. Dragos Iliescu
- University of Bergen, Norway – prof. dr. Guy Notelaers
- University of Castellon, Spain – assoc. dr. Eva Cifre Gallego

Scientific journal

PRU Psihologia Resurselor Umane (Psychology of Human Resources Journal)
<http://pru.apio.ro/index.php/prujournal/index>

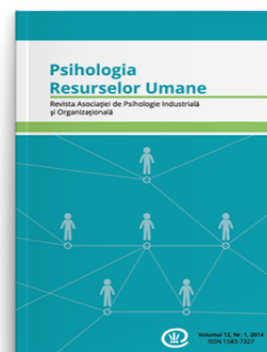
- Publishes peer-reviewed papers that advance the knowledge in I/O & OHP psychology
- Two issues/year

Selected recent projects

- PD 96/27.10.2011 – *Workplace Mistreatment: Implications for employees' well-being and performance* (2011-2013) Principal investigator – dr. Coralia Sulea

Research articles (ISI)

- Sulea, C., Van Beek, I., Virga, D., Sarbescu, P., & Schaufeli, W. (2015). Engagement, boredom, and burnout among students: Basic need satisfaction matters more than personality traits. *Learning and Individual Differences, 45*, 132-138. <http://dx.doi.org/10.1016/j.lindif.2015.08.018>
- Macsinga, I., Sulea, C., Sarbescu, P., Fischmann, G., & Dumitru, C. (2015). Engaged, committed and helpful employees: the role of psychological empowerment. *The Journal of Psychology: Interdisciplinary and Applied, 149*, 263-276. <http://dx.doi.org/10.1080/00223980.2013.874323>
- Iliescu, D., Ispas, D., Sulea, C., & Ilie, A. (2015). Vocational fit and counterproductive work behaviors: A self-regulation perspective. *Journal of Applied Psychology, 100*, 21-39. <http://dx.doi.org/10.1037/a0036652>
- Virga, D., Horga, A., Iliescu, D. (2015). The moderating role of work-life imbalance between resources and work engagement. *Journal of Personnel Psychology, 14*, 80-90. <http://dx.doi.org/10.1027/1866-5888/a000135>
- Van den Broeck, A., Sulea, C., Vander Elst, T., Fischmann, G., Iliescu, D., & De Witte, H. (2014). The mediating role of psychological needs in the relation between qualitative job insecurity and counterproductive work behavior. *Career Development International, 19*, 526-547. <http://dx.doi.org/10.1108/CDI-05-2013-0063>
- Ispas, D., Iliescu, D., Ilie, A., Sulea, C., Askew, K., Rohlf, J.T., & Whalen, K. (2014). Revisiting the relationship between impression management and job performance. *Journal of Research in Personality, 51*, 47-53. <http://dx.doi.org/10.1016/j.jrp.2014.04.010>
- De Cuyper, N., Sulea, C., Phillipaers, K., Fischmann, G., Iliescu, D., & De Witte, H. (2014). Perceived external employability and performance: moderation by felt job insecurity. *Personnel Review, 43*, 536-552. DOI 10.1108/PR-03-2013-0050
- Sulea, C., Fine, S., Fischmann, G., Sava, F.A., & Dumitru, C. (2013). Abusive supervision and counterproductive work behaviors: The moderating effects of personality. *Journal of Personnel Psychology, 12*, 196-200. DOI: 10.1027/1866-5888/a000097.
- Sulea, C., Virga, D., Maricutoiu, L. P., Schaufeli, W., Dumitru, C., & Sava, F. A. (2012). Work engagement as mediator between job characteristics and positive and negative extra-role behaviors. *Career Development International, 17*, 188-207. DOI: 10.1108/13620431211241054.



Research Projects

- FP7 SSH 2013 613420 (Jan, 2014 – Dec, 2016) Green Lifestyles, Alternative Models and Up scaling Regional Sustainability (GLAMURS) – WUT Coordinator Adina Dumitru; www.glamurs.eu
- ENV.F.3/ETU/2014/0037- (Oct, 2014 – Nov, 2015) Public Perception of Environmental Risks – WUT Coordinator Corina Ilin;
- FP7 ENV 265155 (Jan, 2011 – Dec, 2013) Low Carbon at Work: Modelling agents and organizations to achieve transition to a low carbon Europe (LOCAW) – WUT Coordinator Corina Ilin; www.locaw-fp7.com
- JM A3022 agr. n.2003–3477/001–001CEN CENTRE (July 2003 – August 2004) A Young Researchers' view of Romanian Steps towards EU Integration: Analyzing Pro-Environmental and Anti-Corruption Policies – WUT Coordinator Corina Ilin

**ENVIRON Infrastructure (room 1,
Str. Paris, nr. 1, Timisoara)**

www.psihologietm.ro

Statistical software:

- Atlas

Scientific event

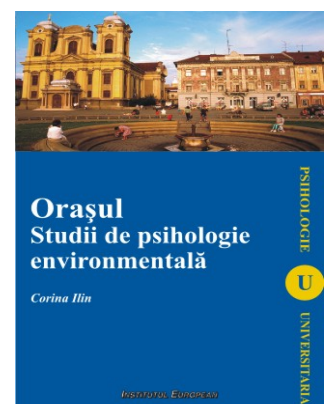
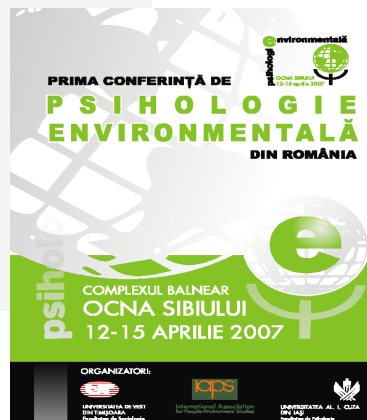


Strategic partners

- University a Coruna, Espania - Prof. Ricardo Garcia Mira
- University "Sapienta", Rome, Italy - Prof. Marino Bonaiuto
- University of Surrey, UK - Prof. David Uzzell

Scientific journal

RJAP - Romanian Journal of Applied Psychology
(<http://rjap.psihologietm.ro>)



Research Projects (**since 2011?**)

3 UEFISCDI research projects

- PN-II-PT-PCCA-2013-4-2015 Un nou program transdiagnostic de interventie pentru reducerea tulburarilor anxioase si afective livrat online (iTAD) – PI Bogdan Tudor Tulbure
- PD Grant cercetare postdoctorala (Nov, 2011 – Oct, 2013) Strategii de reglare emoțională și sănătate mintală la locul de muncă, PI – Oana Gavita-David
- PN-II-RU-TE-2014-4-2968 (Oct 2015 – Sep 2017) Exploring the automatic underpinnings of driving behavior, PI – Paul Sârbescu

INDEPEND Infrastructure (**room 3,** Str. Paris, nr. 1, Timisoara)

Software for internet-delivered psychosocial interventions:

- iSophie (international collaboration)
- E-psychotherapy (undergoing, national)

Selected papers

Tulbure B. T., Szentagotai A., David O., Ștefan S., Månsson KNT, David D. & Andersson, G. (2015) Internet-Delivered Cognitive-Behavioral Therapy for Social Anxiety Disorder in Romania: A Randomized Controlled Trial. PLoS ONE 10(5): e0123997. doi:10.1371/journal.pone.0123997

Sârbescu, P., Stanojević, P., & Jovanović, D. (2014). A cross-cultural analysis of aggressive driving: Evidence from Serbia and Romania. *Transportation Research Part F: Traffic Psychology and Behaviour*, 24, 210-217.